

Recent Cookery Books - February 2018

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Naimas! The Food Heritage of Ilocos Sur / Deogracias Victor "DV" B. Savellano & Heny Sison (Photographs) Neal Oshima

Sanicua Publications, Quezon City, Philippines 2015

301p.

9789719446736

\$ 90.00 / HB

1400 gm.

1. Food Habits – Philippines – Ilocos Sur
2. Food – Social aspects – Philippines – Ilocos Sur
3. Cookery, Philippines

Naimas! The Food Heritage of Ilocos Sur seeks to preserve and promote the culinary traditions of Ilocos Sur. Naimas, an Ilocano term for delicious, features a collection of recipes and travel stories documented through a culinary journey in Ilocos Sur's 32 towns and 2 cities.

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